



COLLEGE 101 CHECK LIST



LOCATION, LOCATION, LOCATION

LOCAL HTC

It's a good idea to locate a Hemophilia Treatment Center (HTC) near your school that you can visit for treatment if needed, or just for socializing. Use the "Find your local chapter and HTC" tool on BeneFix.com to contact the HTC closest to your school.

TALK THE TALK

ROOMMATE CONVERSATION

You're going to be in close quarters with your roommates, so having a conversation about your condition with them prior to the beginning of your semester might be a good idea. This way, they won't get scared if they see you infusing or notice your Rapid Reconstitution (R2) Kit.

MEDICAL BRACELET

Wear a MedicAlert® bracelet at all times. It might not be bling, but it can be a good icebreaker, believe it or not.

STAY CONNECTED

Stay connected with the hemophilia community to find out about local events and get the latest about BeneFix by registering at HemophiliaVillage.com.

DELIVERING THE GOODS

SHIPPING ADDRESS

Factor cannot be shipped to PO Boxes. If you self-infuse, arrange for a shipping address at your school or use a nearby family member or friend's house/apartment address. Talk to the health department at your school and find out if you can have it shipped directly to them or where they recommend.

STORAGE SPACE

Be sure you set aside ample storage in your dorm room to store your factor and R2 Kit. Remember, BeneFix can now be stored either at room temperature or under refrigeration at 2°C to 30°C (36°F to 86°F) for 2 years or up to expiration.

SMART DECISIONS

With college and making new friends comes the possibility of drinking alcohol. Remember, binge drinking is dangerous, especially if you have hemophilia. It can impair your judgment and cause you to partake in behavior that you would ordinarily consider risky.

MAKIN' THE GRADE

You've come a long way and have been through a lot more than most people you hang out with. Use your experience and knowledge and apply it to the classroom. Would you ever go hiking without enough factor? So why would you show up to class without a paper that's due? Common sense goes a long way in college.

Live the dream: If you're prepared, act responsibly, and use common sense, you can have the time of your life at college. Get good grades, make great friends, and become totally prepared to enter the "real world." Good luck!

What Is BeneFix?

BeneFix® Coagulation Factor IX (Recombinant) is an injectable medicine that is used to help control and prevent bleeding in people with hemophilia B. Hemophilia B is also called congenital factor IX deficiency or Christmas disease.

BeneFix is **NOT** used to treat hemophilia A.

Important Safety Information for BeneFix

- BeneFix is contraindicated in patients who have manifested life-threatening, immediate hypersensitivity reactions, including anaphylaxis, to the product or its components, including hamster protein.
- Call your health care provider right away if your bleeding is not controlled after using BeneFix.
- Allergic reactions may occur with BeneFix. Call your health care provider or get emergency treatment right away if you have any of the following symptoms: wheezing, difficulty breathing, chest tightness, your lips and gums turning blue, fast heartbeat, facial swelling, faintness, rash or hives.
- Your body can make antibodies, called "inhibitors," which may interfere with the effectiveness of BeneFix.
- If you have risk factors for developing blood clots, such as a venous catheter through which BeneFix is given by continuous infusion, BeneFix may increase the risk of abnormal blood clots. The safety and efficacy of BeneFix administration by continuous infusion have not been established.
- Some common side effects of BeneFix are nausea, injection site reaction, injection site pain, headache, dizziness and rash.

Please see accompanying full Prescribing Information.



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